

# CE Classes In Asheville, NC

## May 21 - 23, 2010

### **Add One Body<sup>sm</sup> to Your Bodywork Practice**

- Rooted in osteopathy
- Works through proprioceptive nerves
- Combines techniques and re-education for clients
- Provides comfort and ease for both practitioner and client.
- Integrates easily with other bodywork.

CLASS	Early Reg.	Full Price	CE Hours
<b>A. ETHICS: Fri. 5:30-8:30</b> <i>Interact &amp; exchange practical input with peers; address state &amp; national renewal standards (ESV)</i>	<b>\$50</b>	<b>\$60</b>	<b>03</b>
<b>B. One Body<sup>sm</sup>: ALL IN YOUR HEAD!* Sat./Sun. 9-6</b> <i>Combine movement patterns, release by positioning, isometric, and integration techniques – for head, neck &amp; shoulders.</i>	<b>\$275</b>	<b>\$310</b>	<b>16</b>
<b>AB. Both Classes (A + B)*</b>	<b>\$315</b>	<b>\$365</b>	<b>19</b>
<i>Register by <b>May 1</b> for early rates</i>			
See <a href="http://OBTouchWorks.com">OBTouchWorks.com</a> for class descriptions & class listings. * Includes non-refundable deposit of \$50. Full refund provided if class is canceled.			

#### **Instructor: Linda McCrea, NC LMFT, Ed. D., AMTA**

- Makes learning safe, fun & inspiring – all within comfort
- Over 2,000 hours training and 20 years in bodywork practice and instruction
- Professional educator, teacher trainer, instructional designer and more
- Presenter at AMTA conferences in NC, SC, and ND

*Linda J. McCrea is approved by the National Certification Board for Therapeutic Massage and Bodywork (NCBTMB) as a continuing education Approved Provider. #386322-00*

### **TO REGISTER for Classes in Asheville: (Submit by May 1 & Save!)**

CHOICE: A \_\_\_\_\_ B \_\_\_\_\_ AB \_\_\_\_\_ Total \$ \_\_\_\_\_ CK/MO# \_\_\_\_\_

NAME \_\_\_\_\_ DATE \_\_\_\_\_

PHONE \_\_\_\_\_ E-MAIL \_\_\_\_\_

STREET/PO \_\_\_\_\_

CITY/STATE/ZIP \_\_\_\_\_

Make certified check or money order to **LINDA McCREA** and mail along with completed form to:  
OB Touch Works, 24 Oakhaven Terrace, Asheville, NC 28803  
FMI or to schedule a local session with Linda, call 828.298-5154 or email [Linws@charter.net](mailto:Linws@charter.net)