

# CE Classes In Charlotte, NC

## June 11 - 13, 2010

### Add One Body<sup>sm</sup> to Your Bodywork Practice

- Rooted in osteopathy
- Works through proprioceptive nerves
- Combines techniques and re-education for clients
- Provides comfort and ease for both practitioner and client.
- Integrates easily with other bodywork.

CLASS	By June 1	Full Price	CE Hrs
<b>A. SELF CARE: Fri. 1-4pm</b> Learn exercises for balance, stress relief, well-being... within comfort, ease of movement.	<b>\$50</b>	\$60	03
<b>B. ETHICS: Fri. 6-9pm</b> Interact & exchange practical input with peers; address state & national renewal standards (Std.V)	<b>\$50</b>	\$60	03
<b>C. ALL IN YOUR HEAD!*</b> <b>Sat./Sun. 9-6</b> Combine movement patterns, release by positioning, isometric, and integration techniques – for head, neck & shoulders.	<b>\$275</b>	\$310	16
<b>D. All 3 Classes*</b>	<b>\$365</b>	\$420	22
<i>Early rates extended to June 1</i>			
See <a href="http://OBTouchWorks.com">OBTouchWorks.com</a> for class descriptions & class listings. * Includes non-refundable deposit of \$50. Full refund provided if class is canceled.			

**Instructor: Linda McCrea, NC LMBT, Ed. D., AMTA**

- Makes learning safe, fun & inspiring – all within comfort
- Over 2,000 hours training and 20 years in bodywork practice and instruction
- Professional educator, teacher trainer, instructional designer and more
- Presenter at AMTA conferences in NC, SC, and ND

*Linda J. McCrea is approved by the National Certification Board for Therapeutic Massage and Bodywork (NCBTMB) as a continuing education Approved Provider. #386322-00*

**TO REGISTER for Charlotte Classes: (\$ign up by June 1 & \$ave!)**

CHOICE: A \_\_\_\_\_ B \_\_\_\_\_ C \_\_\_\_\_ D \_\_\_\_\_ Total \$ \_\_\_\_\_ CK/MO# \_\_\_\_\_

NAME \_\_\_\_\_ DATE \_\_\_\_\_

PHONE \_\_\_\_\_ E-MAIL \_\_\_\_\_

STREET/PO \_\_\_\_\_

CITY/STATE/ZIP \_\_\_\_\_

Make certified check or money order to **LINDA McCREA** and mail along with completed form to:  
OB Touch Works, 24 Oakhaven Terrace, Asheville, NC 28803  
Questions? Contact [Linws@charter.net](mailto:Linws@charter.net), 704.968-2145 / 828.298-5154