

# Experience Ortho-Bionomy®

## In East Grand Forks, MN    April 24-26 2009!

### **Add Ortho-Bionomy to Your Bodywork Practice**

- Rooted in osteopathy
- Works through proprioceptive nerves
- Use positional release and re-education movements
- Provides comfort and ease for both practitioner and client.

CLASS	By Mar. 15	After Mar. 15	CE Hours
<b>A. Ethics</b> [NCB Std.V]: Fri 6-9 pm. Interactive, practical, peer exchange	<b>\$50</b>	<b>\$60</b>	<b>3</b>
<b>B. Isometrics: S/S 9-6</b> Painfree release of tension; Re-education movements	<b>\$250</b>	<b>\$310</b>	<b>16</b>
<b>AB. Both Classes &amp; Save!</b>	<b>\$295</b>	<b>\$345</b>	<b>19</b>
See <a href="http://www.obtouchworks.com">http://www.obtouchworks.com</a> for class descriptions.			
<b>Approved by the ND State Board of Massage</b>			

#### **Instructor: Linda McCrea, NC LMBT, Ed. D., AMTA**

- Registered Instructor and Advanced Practitioner of Ortho-Bionomy
- Over 2,000 hours training and 20 years in bodywork practice
- Professional educator, teacher trainer, instructional designer and more
- Nationally Approved Instructor: NCBTMB Provider # 386322-00
- Presenter at ND AMTA Spring Conference, 2008.
- **North Dakota native and UND graduate returns to roots!**

### **TO REGISTER: (Sign up by March 15 & Save!)**

CHOICE: A \_\_\_\_\_ B \_\_\_\_\_ AB \_\_\_\_\_ Total \$ \_\_\_\_\_ CK/MO# \_\_\_\_\_

NAME \_\_\_\_\_ DATE \_\_\_\_\_

PHONE \_\_\_\_\_ E-MAIL \_\_\_\_\_

STREET/PO \_\_\_\_\_

CITY/STATE/ZIP \_\_\_\_\_

*Make check or money order to **LINDA McCREA** and mail along with completed form to:*

**Nancy Paur, 2118 S. 22<sup>nd</sup> Street, Grand Forks, ND 58201.**

*Questions? Contact Nancy at [npaur@polarcomm.com](mailto:npaur@polarcomm.com) or 701-772-4616.*

\_\_\_\_\_ **Please contact me to schedule an individual session with the instructor.**

OB EGF 04-09

**COMING SEPT. 11-13, 2009: Ethics [NCB Std. V] and NEW: "It's All in Your Head"**