

CE Classes In East Grand Forks, MN

April 23 - 25, 2010

Add One Bodysm to Your Bodywork Practice

- Rooted in osteopathy
- Works through proprioceptive nerves
- Combines techniques and re-education for clients
- Provides comfort and ease for both practitioner and client.
- Integrates easily with other bodywork.

CLASS	By March 15	Full Price	CE Hrs
A. SELF CARE: Fri. 5-8pm <i>Learn exercises for balance, stress relief, well-being...within comfort, ease of movement.</i>	\$50	\$60	03
B. GOT YOUR BACK:* Sat./Sun. 9-6* <i>Combine movement patterns, release by positioning, isometric, and integration techniques – for full spine, scapulae, rib cage, and sacrum</i>	\$275	\$310	16
AB. Both Classes*	\$315	\$365	19
Register by <u>March 15</u> for early rates			
See OBTouchWorks.com for class descriptions & class listings. * Includes non-refundable deposit of \$50. Full refund provided if class is canceled.			

Instructor: Linda McCrea, NC LMBT, Ed. D., AMTA

- Makes learning safe, fun & inspiring – all within comfort
- Over 2,000 hours training and 20 years in bodywork practice and instruction
- Professional educator, teacher trainer, instructional designer and more
- Presenter at AMTA conferences in NC, SC, and ND

Linda J. McCrea is approved by the National Certification Board for Therapeutic Massage and Bodywork (NCBTMB) as a continuing education Approved Provider. #386322-00

TO REGISTER for Classes in East Grand Forks: (\$ign up by March 15th & \$ave!)

CHOICE: A _____ B _____ AB _____ Total \$ _____ CK/MO# _____

NAME _____ DATE _____

PHONE _____ E-MAIL _____

STREET/PO _____

CITY/STATE/ZIP _____

Make certified check or money order to LINDA McCREA and mail along with completed form to:

Nancy Paur, 2118 S. 22nd Street, Grand Forks, ND 58201

Questions? Contact Nancy at npaur@polarcomm.com or call 701.772.4616