

# CE Classes In Elizabeth City, NC

## March 26 - 28, 2010

### **Add One Body<sup>sm</sup> to Your Bodywork Practice**

- Rooted in osteopathy
- Works through proprioceptive nerves
- Combines techniques and re-education for clients
- Provides comfort and ease for both practitioner and client.
- Integrates easily with other bodywork.

| CLASS   | Early Reg.   | Full Price   | CE Hours  |
|---|--------------|--------------|-----------|
| <b>A. ETHICS: Fri. 5:30-8:30</b><br><i>Interact &amp; exchange practical input with peers; address state &amp; national renewal standards (ESV)</i>   | <b>\$50</b>  | <b>\$60</b>  | <b>03</b> |
| <b>B. One Body<sup>sm</sup>: ALL IN YOUR HEAD! Sat./Sun. 9-6</b><br><i>Combine movement patterns, release by positioning, isometric, and integration techniques – for head, neck &amp; shoulders.</i> | <b>\$275</b> | <b>\$310</b> | <b>16</b> |
| <b>AB. Both Classes (A + B)*</b>  | <b>\$315</b> | <b>\$365</b> | <b>19</b> |
| <b>Register by <u>Feb. 15</u> for early rates</b>   |              |              |           |
| See <a href="http://OBTouchWorks.com">OBTouchWorks.com</a> for class descriptions & class listings.<br>* Includes non-refundable deposit of \$50. Full refund provided if class is canceled.          |              |              |           |

#### **Instructor: Linda McCrea, NC LMBT, Ed. D., AMTA**

- Makes learning safe, fun & inspiring – all within comfort
- Over 2,000 hours training and 20 years in bodywork practice and instruction
- Professional educator, teacher trainer, instructional designer and more
- Presenter at AMTA conferences in NC, SC, and ND

*Linda J. McCrea is approved by the National Certification Board for Therapeutic Massage and Bodywork (NCBTMB) as a continuing education Approved Provider. #386322-00*

### **TO REGISTER: (Submit by Feb 15<sup>th</sup> & \$ave!)**

CHOICE: A \_\_\_\_\_ B \_\_\_\_\_ AB \_\_\_\_\_ Total \$ \_\_\_\_\_ CK/MO# \_\_\_\_\_

NAME \_\_\_\_\_ DATE \_\_\_\_\_

PHONE \_\_\_\_\_ E-MAIL \_\_\_\_\_

STREET/PO \_\_\_\_\_

CITY/STATE/ZIP \_\_\_\_\_

Make certified check or money order to **LINDA McCREA** and mail along with completed form to:  
 Riverside Day Spa, 1201 North Road St., Elizabeth City, NC 27909  
 FMI or to schedule a local session with Linda McCrea, email Wendy Corcoran,  
[lightkeeperswellness@earthlink.net](mailto:lightkeeperswellness@earthlink.net), 252-335-2440