

CE Classes In Knoxville, TN

August 13 - 15, 2010

Add One Bodysm to Your Bodywork Practice

- Rooted in osteopathy
- Works through proprioceptive nerves
- Combines techniques and re-education for clients
- Provides comfort and ease for both practitioner and client.
- Integrates easily with other bodywork.

CLASS	By Aug. 5	Full Price	CE Hrs
A. SELF CARE: Fri. 6-9 pm Learn exercises for balance, stress relief, well-being...within comfort, ease of movement. Focus: Head, Neck, Shoulders	\$50	\$60	03
B. ALL IN YOUR HEAD!* Sat./Sun. 9-6 Combine movement patterns, release by positioning, isometric, and integration techniques – for head, neck & shoulders.	\$250	\$300	16
AB. Both Classes*	\$300	\$360	19
<i>Register by AUG 5 for early rates</i>			
See OBTouchWorks.com for class descriptions & class listings. * Includes non-refundable deposit of \$50. Full refund provided if class is canceled.			

Instructor: Linda McCrea, NC LMBT, Ed. D., AMTA

- Makes learning safe, fun & inspiring – all within comfort
- Over 2,500 hours training and 20 years in bodywork practice and instruction
- Professional educator, teacher trainer, instructional designer and more
- Presenter at AMTA conferences in NC, SC, and ND

Linda J. McCrea is approved by the National Certification Board for Therapeutic Massage and Bodywork (NCBTMB) as a continuing education Approved Provider. #386322-00

TO REGISTER for Knoxville Classes: (\$ign up by Aug. 5 & \$ave!)

CHOICE: A _____ B _____ AB _____ Total \$ _____ CK/MO# _____

NAME _____ DATE _____

PHONE _____ E-MAIL _____

STREET/PO _____

CITY/STATE/ZIP _____

Make check or money order to **LINDA McCREA** and mail along with completed form to:
Linda McCrea, OBTouchworks, 24 Oakhaven Terrace, Asheville, NC 28803
 Questions? Contact Linws@charter.net 828.298-5154