

# Experience Bodywork Classes in TRIANGLE AREA, June 19-21, 2009 For: MTs, PTs, OTs, DCs, NDs, Nurses and More!

## Add Ortho-Bionomy to Your Bodywork Practice

- Rooted in osteopathy
- Works through proprioceptive nerves
- Uses positional release and re-education movements
- Provides comfort and ease for both practitioner and client.
- Integrates well with other bodywork modalities

CLASS	By May 1	Full Price	CE Hours
<b>A. SELF CARE: Fri. 2-5pm.</b> <i>Learn exercises for balance, stress relief, well-being...within comfort, ease of movement.</i> <b><u>This class is for clients &amp; practitioners!</u></b>	\$ 50	\$ 60	03
<b>B. ETHICS [NCB Std.V]: Fri. 6-9pm.</b> <i>Interactive, practical peer exchanges.</i> <i>Meets state &amp; national requirements.</i>	\$50	\$60	03
<b>C. EXPLORING MOVEMENT S/S 9-6</b> <i>Recognize, support, and enhance client patterns in joint and muscle movements.</i> <small>* [\$50 is non-refundable deposit.]</small>	\$250*	\$310	16
<b>D. All 3 CLASSES (A+B+C)</b>	\$340	\$400	22
<b>Register by MAY 1 &amp; Save \$\$\$</b> <i>Classes earn state and national CE hours.</i> <i>FMI, see <a href="http://www.OBTtouchworks.com">www.OBTtouchworks.com</a></i>			

### Instructor: Linda McCrea, NC LMBT, Ed. D., AMTA

- Registered Instructor and Advanced Practitioner of Ortho-Bionomy
- Over 2,000 hours training and 20 years in bodywork practice
- Professional educator, teacher trainer, instructional designer and more
- Nationally Approved Instructor: NCBTMB Provider # 386322-00

### TO REGISTER: (Submit by May 01& Save!)

CHOICE: A \_\_\_ B \_\_\_ C \_\_\_ D \_\_\_ Total \$ \_\_\_\_\_ CK/MO# \_\_\_\_\_

NAME \_\_\_\_\_ DATE \_\_\_\_\_

PHONE \_\_\_\_\_ E-MAIL \_\_\_\_\_

STREET/PO \_\_\_\_\_

CITY/STATE/ZIP \_\_\_\_\_

*Make check or money order to LINDA McCREA and mail along with completed form to:  
Cat Edwards, P.O. Box 1612, Mebane, NC 27302*

**Questions? Contact Cat at [star\\_gazer2night@yahoo.com](mailto:star_gazer2night@yahoo.com); 970.519-1269**

*To schedule an individual session with the instructor, contact Cat.*

IOB TRI 06-091

*25 CE hours coming in October: Oct. 2 - more Self Care & Ethics; Oct. 3&4 - Isometrics*