

# Experience Bodywork Classes in TRIANGLE AREA, October 2-4, 2009

*For: MTs, PTs, OTs, DCs, NDs, Nurses and More!*

## Add Ortho-Bionomy to Your Bodywork Practice

- Rooted in osteopathy
- Works through proprioceptive nerves
- Uses positional release and re-education movements
- Provides comfort and ease for both practitioner and client.
- Integrates well with other bodywork modalities

CLASS	By Sept. 1	Full Price	CE Hrs
<b>A. SELF CARE: Fri. 10am-5pm</b> <i>Learn exercises for balance, stress relief, well-being...within comfort, ease of movement.</i> <b><u>This class is for clients (see E.) &amp; practitioners!</u></b>	\$ 100	\$115	06
<b>B. ETHICS [NCB Std.V]: Fri. 6-9pm.</b> <i>Interactive, practical peer exchanges.</i> <i>Meets state &amp; national requirements.</i>	\$50	\$60	03
<b>C. ISOMETRICS S/S 9-6</b> <i>Painfree release of tension; re-education movements.</i> <small>* [\$50 is non-refundable deposit.]</small>	\$250*	\$310*	16
<b>D. All 3 CLASSES (A+B+C) SAVE!</b>	\$390*	\$450*	25
<i>Invite your clients to attend:</i> <b>E. SELF CARE (Same class as A) Client Rate</b>	\$60	\$70	No
<b>Register by Sept. 1 &amp; Save \$\$\$</b> <i>Classes earn state and national CE hours.</i> <small>FMI, see <a href="http://www.OBTouchworks.com">www.OBTouchworks.com</a> [*\$50 is non-refundable deposit]</small>			

### Instructor: Linda McCrea, NC LMBT, Ed. D., AMTA

- Registered Instructor and Advanced Practitioner of Ortho-Bionomy
- Over 2,000 hours training and 20 years in bodywork practice
- Professional educator, teacher trainer, instructional designer and more
- Nationally Approved Instructor: NCBTMB Provider # 386322-00

### **TO REGISTER: (Submit by Sept. 1 & Save!)**

CHOICE: A \_\_\_ B \_\_\_ C \_\_\_ D \_\_\_ Total \$ \_\_\_\_\_ CK/MO# \_\_\_\_\_

NAME \_\_\_\_\_ DATE \_\_\_\_\_

PHONE \_\_\_\_\_ E-MAIL \_\_\_\_\_

STREET/PO \_\_\_\_\_

CITY/STATE/ZIP \_\_\_\_\_

*Make check or money order to LINDA McCREA and mail along with completed form to:*

**Cat Edwards, P.O. Box 11222, Wilmington, NC 28404**

**Questions? Contact Cat at [CatEdwards@massagetherapy.com](mailto:CatEdwards@massagetherapy.com); 970.519-1269**

*To schedule an individual session with the instructor, contact Cat.*

**IOB TRI 10-091**