

CE Classes In Wilmington, NC

September 24-26, 2010

Add One Bodysm to Your Bodywork Practice

- Rooted in osteopathy
- Works through proprioceptive nerves
- Combines techniques and re-education for clients
- Provides comfort and ease for both practitioner and client.
- Integrates easily with other bodywork.

CLASS	By Aug. 13	Full Price	CE Hrs
A. SELF CARE: Fri. 10am-4pm <i>Learn exercises for balance, stress relief, well-being...within comfort, ease of movement.</i>	\$85	\$100	05
B. ETHICS: Fri. 5-8pm <i>Interact & exchange practical input with peers; address state & national renewal standards (ESV)</i>	\$50	\$60	03
C. GOT YOUR BACK* <i>Sat./Sun. 9-6 Combine movement patterns, release by positioning, isometric, and integration techniques – for spine, scapulae, ribs, sacrum.</i>	\$275	\$310	16
D. All 3 Classes*	\$400	\$470	24
Register by <u>Aug. 13</u> for early rates			
See <i>OBTouchWorks.com</i> for class descriptions & class listings. * Includes non-refundable deposit of \$50. Full refund provided if class is canceled.			

Instructor: Linda McCrea, NC LMFT, Ed. D., AMTA

- Makes learning safe, fun & inspiring – all within comfort
- Over 2,500 hours training and 20 years in bodywork practice and instruction
- Professional educator, teacher trainer, instructional designer and more
- Presenter at AMTA conferences in NC, SC, and ND

Linda J. McCrea is approved by the National Certification Board for Therapeutic Massage and Bodywork (NCBTMB) as a continuing education Approved Provider. #386322-00

TO REGISTER for Wilmington Classes: (\$ign up by Aug 13th & \$ave!)

CHOICE: A _____ B _____ C _____ D _____ Total \$ _____ CK/MO# _____

NAME _____ DATE _____

PHONE _____ E-MAIL _____

STREET/PO _____

CITY/STATE/ZIP _____

Make check or money order to **LINDA McCREA** and mail along with completed form to:
Phyllis Gerich, PO Box 4283, Surf City, NC 28445
Questions? Contact PCGerich@gmail.com , 910.265-3887