

CE Classes In Triangle Area, NC

June 25 - 27, 2010

Add One Bodysm to Your Bodywork Practice

- Rooted in osteopathy
- Works through proprioceptive nerves
- Combines techniques and re-education for clients
- Provides comfort and ease for both practitioner and client.
- Integrates easily with other bodywork.

| CLASS | By May 15 | Full Price | CE Hrs |
|--|--------------|---------------|-----------|
| A. SELF CARE: Fri. 10am-4pm <i>Learn exercises for balance, stress relief, well-being...within comfort, ease of movement.</i> | \$85 | \$100 | 05 |
| B. ETHICS: Fri. 6-9pm <i>Interact & exchange practical input with peers; address state & national renewal standards (ESV)</i> | \$50 | \$60 | 03 |
| C. ALL IN YOUR HEAD!* Sat./Sun. 9-6 <i>Combine movement patterns, release by positioning, isometric, and integration techniques – for head, neck & shoulders.</i> | \$275 | \$310 | 16 |
| D. All 3 Classes* | \$400 | \$470 | 24 |
| Register by <u>MAY 15</u> for early rates | | | |
| <small>See OBTouchWorks.com for class descriptions & class listings. * Includes non-refundable deposit of \$50. Full refund provided if class is canceled.</small> | | | |

Instructor: Linda McCrea, NC LMFT, Ed. D., AMTA

- Makes learning safe, fun & inspiring – all within comfort
- Over 2,000 hours training and 20 years in bodywork practice and instruction
- Professional educator, teacher trainer, instructional designer and more
- Presenter at AMTA conferences in NC, SC, and ND

Linda J. McCrea is approved by the National Certification Board for Therapeutic Massage and Bodywork (NCBTMB) as a continuing education Approved Provider. #386322-00

TO REGISTER for Triangle Classes: (**Sign up by May 15th & Save!**)

CHOICE: A _____ B _____ C _____ D _____ Total \$ _____ CK/MO# _____

NAME _____ DATE _____

PHONE _____ E-MAIL _____

STREET/PO _____

CITY/STATE/ZIP _____

Make certified check or money order to LINDA McCREA and mail along with completed form to:

Cat Edwards, PO Box 11222, Wilmington, NC 28404

Questions? Contact CatEdwards@MassageTherapy.com 970.519-1269